

G is for Gold Medal: An Olympics Alphabet

Author: Brad Herzog Illustrator: Doug Bowles

Guide written by Cheryl Grinn

This guide may be reproduced for use with this express written consent of Sleeping Bear Press

Published by

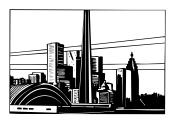
Sleeping Bear Press 315 E. Eisenhower Parkway, Suite 200 Ann Arbor, MI 48108 800-487-2323 www.sleepingbearpress.com

OLYMPICS CROSSWORD



The answers needed to complete this crossword can be found in *G* is for Gold *Medal*.

- 1. 0 ____ ___
- 2. L____ ____
- 3. Y ____ ___ ___
- 4. M ____ ___ ___ ___
- 5. P ____ ___ ___ ___
- 6. I ____ ___
- 7. C____ ___
- 8. S____ ___ ___ ___ ___
- 1. Site of the 1952 winter Olympics was _____ Norway
- 2. A winter sledding Olympic event _____
- 3. Junior programs are meant for _____
- 4. Olympic winners are awarded gold, silver, or bronze _____
- 5. Used to break clay targets _____
- 6. Frozen water _____
- 7. The country that held the 2008 summer Olympics ______
- 8. Men and women compete against each other in _____



CITIES BY CONTINENT

The Olympics have been held on five different continents with number six happening in 2012.

Name the one continent that will probably never host the Olympics _____

Put each city in the box below with the continent they are on.

Amsterdam	Lake Placid	Calgary	Sydney	
Stockholm	Sa	apporo Lo	os Angeles	
Melbourne	Tokyo	Seoul		

North America Asia Europe Australia



SEEK AND FIND

Look high and low throughout *G* is for Gold Medal to find the answers to the questions below. Have fun in your search!

- 1. Where were the first Olympic Games held?
- 2. Name the author of *G* is for Gold Medal.
- 3. True or False—Chariot racing is a current Olympic event _____
- 4. How many rings are on the Olympic flag? ______
- 5. In which year were the first modern Olympics held? ______
- 6. True or False—Driving motorboats was once an Olympic event.
- 7. In which 3 years were the Olympics cancelled?
- 8. What is the Olympic motto? ______
- 9. Where will the 2016 Summer Olympic Games be held? _____
- 10.Name the two continents that have never hosted the Olympic Games

Write your own seek and find question below. Make it difficult if you'd like and then give it to a friend to answer

DESIGN A NEW OLYMPIC FLAG

Learn the meaning of the symbols on the Olympic flag in the book *G* is for Gold *Medal*.

Pretend the Olympic Committee has decided to design a NEW flag. Draw your flag below and explain the meaning.



ODE TO AN ATHLETE

POETRY

An ode is a form of poetry that praises a person. Before you write your ode think about an athlete you'd like to praise.

Make a list of words that show enthusiasm. For example—great, awesome, inspiring, etc.

Enthusiastic words

Make your ode six lines long.

ODE TO _____

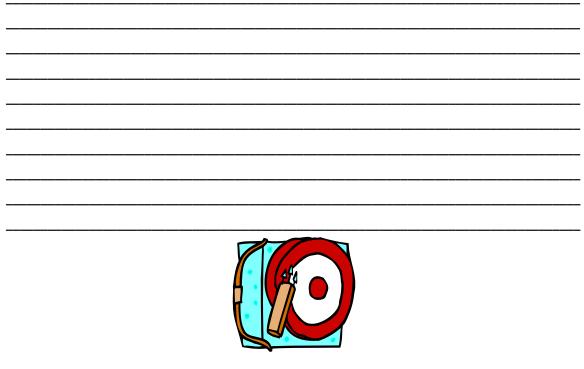
Bring It Back!!

Opinion Piece

Many Olympic events have been eliminated over the years. Among these are croquet, tug-of-war, rope climbing, underwater swimming, and an obstacle race in the water!

Choose one of these sports and write a letter to the Olympic Committee explaining why the event should be brought back.

- 1. Write a complete sentence stating which sport you think should be returned to the Olympics.
- 2. State 3 FACTS that support your opinion. Each fact should be stated in complete sentences. You may need more than one sentence for each fact.
- 3. Re-state your opinion using different words.



Which Sport Is Your Favorite?



Watching athletes compete in the Olympic Games is fun and exciting. Discover the facts and fun associated with the Olympics in the book *G* is for Gold Medal.

Question: Which of the sports below would you prefer to compete in?

<u>Running</u>

<u>Skiing</u>

Swimming

Use the data you collected to make a bar graph showing the results.

GOLD MEDAL SUGAR COOKIES



Enjoy making and eating these Gold Medal cookies!

Ingredients

- 2 ¾ cups all-purpose flour
- 1/2 teaspoon baking powder
- 1 teaspoon baking soda
- 1 cup softened butter
- 1 egg
- 1 ½ cups white sugar
- 1 teaspoon vanilla extract

Gold-colored icing for decorating

Directions

- 1. Preheat oven to 375 degrees Fahrenheit.
- 2. Stir together flour, baking soda, and baking powder. Set aside.
- 3. In a separate large bowl cream together butter and sugar until smooth. Beat in egg and vanilla.
- 4. Add dry ingredients from small bowl and blend together.
- 5. Roll teaspoonful of dough into balls and place on ungreased cookie sheet.
- 6. Bake 8-10 minutes. Let set for three minutes before removing from the pan. Decorate with gold icing to look like medals. EAT AND ENJOY!

HOW MANY GAMES DOES IT HAVE?



Write the number of games that it takes to make up each of the following events.

- 1. Triathlon _____
- 2. Decathlon _____
- 3. Heptathlon _____
- 4. Quadruple _____
- 5. Pentathlon _____
- 6. Biathlon _____

Write a paragraph explaining in which event you would like to participate and describe the event and why you chose it.

WHAT'S MY SPORT???

Match each person in the box below with the Olympic event that made him or her famous.

Rulon Gardner		Michael Phelps	Bonnie Blair
	Dick Fosbury	Carl Lev	wis
Jesse Owens		James Connolly	Luciano Giovannetti
		Mary Lou Retton	

1.	Trap shooting
2.	Vault
	High jump
	Long jump
5.	Triple jump
6.	Greco-Roman wrestling
7.	Speed skating
8.	Track and field
	Swimming



Olympic Math Averages



To find the average of several numbers add the numbers together and divide by the number of numbers you added together. Example 8+12+10 = 30; 30/3= 10; the average is 10.

Have fun finding these averages.

- Jimmy ran the mile in 5 minutes, James took 7 minutes, and George ran it in 12 minutes. What is the average number of minutes it took the boys to run the mile?
- Gary made three jumps on the high jump. He jumped 10 feet, 8 feet, and 15 feet. What was his average?
- Carol is an expert speed skater. During two competitions she skated the course in 4 minutes and 20 seconds and 6 minutes and 40 seconds. What was her average?



The ABC's OF THE OLYMPICS

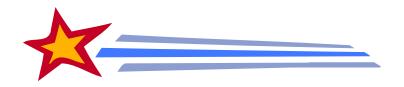
Each of the cities in the box below has hosted the Olympics. Put these cities in alphabetical order.

Grenoble	Athens	Sochi Moscow		Amsterdam
	Mexico City	Seoul	Atlar	nta
Albertville			Melbourne	

Place cities in alphabetical order.

1.	 	 	 	
2.				
3.				
4.	 			
5.	 	 		

MY OLYMPIC DREAM



Many boys and girls watch the Olympics hoping that they will someday be an Olympic athlete. Write a short story about your adventures and hardships as if you competed in the Olympics.





ARE THE OLYMPICS IMPORTANT?

Some people feel the Olympics are a waste of money for countries. Others feel that they do a tremendous amount of good. What do you think? Make one list with reasons to keep the Olympics and a second list with reasons to stop having the Olympics. This will take some brain power on your part.

Reasons to keep the Olympics

Reasons to stop having the Olympics

What is your opinion ?



HEALTHY EATING

Athletes spend many, many hours training to become Olympic athletes.

Eating healthy is essential for athletes. Plan a day of healthy meals for an athlete.

These meals will also help YOU to be healthy.

BREAKFAST

<u>LUNCH</u>

DINNER

SNACK

ANSWER SHEET

Olympic Crossword- 1) Oslo 2) luge 3) youth 4) medals 5) pistol 6) ice

7) China 8) sailing

<u>**Cities by Continent</u>** North America—Lake Placid, Calgary, Los Angeles; Asia—Sapporo, Tokyo, Seoul; Europe—Amsterdam, Stockholm; Australia— Melbourne; Antarctica will probably never host the Olympics</u>

Seek and Find-10 Athens, Greece 2) Brad Herzog 3) false 4) 5 5) 1896

6) true 7) 1916,1940,1944 8)Swifter, Higher, Stronger 9) Rio de Janeiro, Brazil 10) Africa, Antarctica

How Many Does It Have?- 1) 3 2) 10 3) 7 4) 4 5) 5 6) 2

<u>What's My Sport?-</u>1) Luciano Giovannetti 2) Mary Lou Retton 3) Dick Fosbury 4) Carl Lewis 5) James Connolly 6) Rulon Gardner 7) Bonnie Blair 8) Jesse Owens 9) Michael Phelps

Math Averages-1) 8 2) 11 3) 5 minutes 30 seconds

ABC's of Olympics- 1) Albertville 2) Amsterdam 3) Athens 4) Atlanta

5) Grenoble 6) Melbourne 7) Mexico City 8) Moscow 9) Seoul 10) Sochi