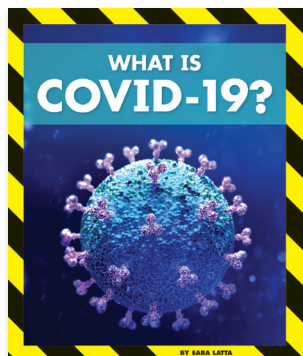


# WHAT IS COVID-19?

## TEACHER GUIDE

### Comprehension Questions

1. What does COVID-19 stand for? And how did the new coronavirus get its name?
2. What does a coronavirus look like when seen under a microscope?
3. What are the symptoms of COVID-19?
4. Why do people need to quarantine during this illness?
5. How does COVID-19 spread?
6. How do people get tested for COVID-19?
7. If you get sick with COVID-19, what should you do to get well again?
8. How can we keep others safe around us?



Name: \_\_\_\_\_

## After-Reading Activity

Write a note to friend or family member.

1. Use a sheet of colored construction paper. Choose your favorite color or the favorite color of the person you are writing to.
2. In the top left corner, begin by writing the person's name followed by a comma.
3. Write your message. Tell the person how much you care about them and tell them a little about how you are doing.
4. Add a silly joke if you know one. Sometimes a funny message will make a person smile and feel better.
5. If you want, include ways that the person can ease their fears and practice self care.
6. Sign the note with your name at the bottom.

## Self-Care Tips

Here are a few self-care tips you can include in your note. What are some others?

1. Take a walk outside.
2. Try writing down thoughts in a journal.
3. Find an interesting book to read.
4. Rest when you're tired.

